

BTSC Staff Nurse 2025: High-Yield Topics for Quick Revision

1. Drug Dosage Calculations & Routes of Administration

- Metric conversions, calculation formulas
- Oral, IV, IM, SC, topical routes
- Side effects, contraindications

2. Vital Signs & Nursing Procedures

- Normal values (BP, pulse, temp, resp)
- How to measure and interpret
- Dressing, catheter care, sterile techniques

3. Obstetric Emergencies

- Eclampsia, PPH, obstructed labor
- Antenatal & postnatal care
- Delivery room protocols

4. National Health Programs

- RCH, JSY, Immunization campaigns
- TB, HIV, Malaria programs
- PHC & Sub-centre services

5. Immunization Schedule

- Vaccines by age
- Dosage, route, site
- Cold chain management

6. Growth & Development in Children

- Milestones (2 months to 2 years)
- Teething, weaning
- Pediatric diseases: diarrhea, pneumonia

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7. Mental Health Nursing

- Depression, anxiety, schizophrenia
- Therapeutic communication
- Restraints and patient rights

8. Infection Control & Asepsis

- Sterilization vs disinfection
- Biomedical waste handling
- Hand hygiene and PPE

9. Pre & Post-Operative Care

- Consent, anesthesia prep
- Pain management
- Ambulation, wound monitoring

10. Nutrition & Dietetics

- Nutrient types
- Diet in pregnancy, lactation
- Vitamin/mineral deficiencies