

MCQs of Physical Development of child

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50 mcqs of Physical Development of child with answer: Hear 50 multiple-choice questions (MCQs) on the physical development of children. Please note that the answers are provided after each question.

1. What is the average weight of a newborn baby? a) 3 pounds b) 6 pounds c) 8 pounds d) 10 pounds **Answer: b) 6 pounds**
2. At what age do most infants begin to crawl? a) 2 months b) 6 months c) 12 months d) 18 months **Answer: b) 6 months**
3. Which of the following is a typical motor milestone for a 3-month-old baby? a) Sitting unassisted b) Rolling over c) Walking d) Running **Answer: b) Rolling over**
4. When do most children begin to lose their baby teeth? a) 6-8 months b) 2-3 years c) 5-7 years d) 9-10 years **Answer: c) 5-7 years**
5. What is the term for the soft spots on a baby's head that allow for skull flexibility during childbirth? a) Cranium openings b) Skull windows c) Fontanelles d) Head apertures **Answer: c) Fontanelles**
6. Which sense is the least developed in a newborn baby? a) Vision b) Hearing c) Smell d) Taste **Answer: a) Vision**
7. At what age do most children develop a dominant hand (right or left)? a) 1 year b) 2 years c) 4 years d) 6 years **Answer: c) 4 years**
8. What is the average heart rate for a newborn baby? a) 50-60 beats per minute b) 80-100 beats per minute c) 120-140 beats per minute d) 160-180 beats per minute **Answer: d) 160-180 beats per minute**
9. Which reflex is commonly known as the "startle reflex" and is characterized by a baby's sudden, exaggerated response to a loud noise or sudden movement? a) Moro reflex b) Grasping reflex c) Rooting reflex d) Babinski reflex **Answer: a) Moro reflex**
10. What is the term for the fatty substance that insulates nerve cells and speeds up neural transmission in the developing brain? a) Neurons b) Synapses c) Myelin d) Dendrites **Answer: c) Myelin**
11. At what age do most children begin to walk independently? a) 4 months b) 8 months c) 12 months d) 18 months **Answer: c) 12 months**
12. Which of the following is a common childhood respiratory illness that can be serious in infants? a) Influenza b) Croup c) Asthma d) Pneumonia **Answer: b) Croup**
13. What is the term for the baby's ability to focus on an object as it moves closer to their face? a) Depth perception b) Visual acuity c) Object permanence d) Visual tracking **Answer: d) Visual tracking**
14. Which part of the body grows the fastest during infancy and early childhood? a) Arms b) Legs c) Head d) Torso **Answer: c) Head**
15. What is the term for a baby's first bowel movements, which are typically greenish-black and sticky? a) Meconium b) Stool c) Diarrhea d) Constipation **Answer: a) Meconium**
16. At what age do most children have a full set of 20 primary (baby) teeth? a) 2 years b) 4 years c) 6 years d) 8 years **Answer: c) 6 years**
17. What is the average length of a newborn baby? a) 12 inches b) 18 inches c) 22 inches d) 28 inches **Answer: b) 18 inches**
18. Which of the following is a common fine motor skill that toddlers develop around 18 months of age? a) Jumping b) Drawing simple shapes c) Running d) Kicking a ball **Answer: b) Drawing simple shapes**

19. When does a baby's first tooth typically emerge? a) 1 month b) 4 months c) 8 months d) 12 months **Answer: b) 4 months**
20. What is the term for a baby's instinctual response to seek out and latch onto a nipple or other objects when it touches their cheek or mouth? a) Rooting reflex b) Sucking reflex c) Grasping reflex d) Babinski reflex **Answer: a) Rooting reflex**
21. What is the primary function of a baby's fontanelles (soft spots) on the skull? a) To allow for skull expansion b) To protect the brain c) To regulate body temperature d) To aid in digestion **Answer: a) To allow for skull expansion**
22. Which of the following is a gross motor skill that most children develop by age 3? a) Hopping on one foot b) Riding a bicycle c) Skipping d) Jumping rope **Answer: a) Hopping on one foot**
23. What is the term for the rapid eye movement (REM) sleep cycle during which babies often experience vivid dreams? a) Light sleep b) Deep sleep c) Active sleep d) Paradoxical sleep **Answer: d) Paradoxical sleep**
24. Which of the following is a common childhood illness characterized by a red rash and a high fever? a) Measles b) Chickenpox c) Mumps d) Whooping cough **Answer: a) Measles**
25. What is the term for the involuntary, rhythmic movement of a baby's arms and legs that often occurs during sleep? a) Startle reflex b) Sleepwalking c) REM sleep d) Night terrors **Answer: a) Startle reflex**
26. At what age do most children begin to lose their first baby tooth? a) 4-5 years b) 6-7 years c) 8-9 years d) 10-11 years **Answer: b) 6-7 years**
27. Which of the following is a common developmental milestone for a 2-year-old child? a) Counting to 100 b) Tying shoelaces c) Riding a tricycle d) Writing in cursive **Answer: c) Riding a tricycle**
28. What is the term for the thick, yellowish fluid that provides essential nutrients and antibodies to a newborn baby in the first few days after birth? a) Colostrum b) Formula c) Breastmilk d) Whole milk **Answer: a) Colostrum**
29. Which of the following reflexes helps a baby find the mother's breast for feeding? a) Moro reflex b) Rooting reflex c) Grasping reflex d) Babinski reflex **Answer: b) Rooting reflex**
30. What is the average length of a full-term newborn baby? a) 14 inches b) 18 inches c) 20 inches d) 24 inches **Answer: c) 20 inches**
31. Which of the following is a developmental milestone for a 4-year-old child? a) Reading fluently b) Counting to 1000 c) Dressing independently d) Cooking meals **Answer: c) Dressing independently**
32. Which sense is the most developed in a newborn baby at birth? a) Vision b) Hearing c) Smell d) Taste **Answer: b) Hearing**
33. What is the term for the coordination of sensory information from the eyes and ears to perceive the relative position of objects in the environment? a) Depth perception b) Visual acuity c) Object permanence d) Visual tracking **Answer: a) Depth perception**
34. Which of the following is a fine motor skill that most 5-year-old children can typically perform? a) Tying shoelaces b) Coloring within the lines c) Skipping d) Climbing a ladder **Answer: b) Coloring within the lines**
35. What is the term for the process of developing the ability to distinguish between self and others? a) Attachment b) Self-concept c) Separation anxiety d) Autonomy **Answer: b) Self-concept**
36. Which of the following is a gross motor skill that most 6-year-old children can typically perform? a) Riding a bicycle without training wheels b) Jumping rope with a single bounce c) Tying a bowtie d) Swimming laps **Answer: a) Riding a bicycle without training wheels**

37. Which of the following reflexes is responsible for a baby's instinctual grasp of an object when it's placed in their palm? a) Moro reflex b) Rooting reflex c) Grasping reflex d) Babinski reflex **Answer: c) Grasping reflex**
38. What is the term for the condition in which an infant is unable to lift their head when placed on their stomach? a) Cerebral palsy b) Torticollis c) Colic d) Jaundice **Answer: b) Torticollis**
39. Which of the following is a gross motor skill that most 7-year-old children can typically perform? a) Playing the piano b) Ice skating c) Solving complex math problems d) Tying a necktie **Answer: b) Ice skating**
40. At what age does the average child begin to lose their primary teeth and have them replaced with permanent teeth? a) 5-7 years b) 8-10 years c) 11-13 years d) 14-16 years **Answer: b) 8-10 years**
41. What is the term for the process of a baby being able to recognize that an object still exists even when it's out of sight? a) Depth perception b) Visual acuity c) Object permanence d) Visual tracking **Answer: c) Object permanence**
42. Which of the following is a fine motor skill that most 8-year-old children can typically perform? a) Typing on a keyboard b) Jumping hurdles c) Operating power tools d) Slicing fruits and vegetables **Answer: a) Typing on a keyboard**
43. What is the term for a baby's ability to lift and turn their head in response to a touch on the cheek? a) Moro reflex b) Rooting reflex c) Grasping reflex d) Babinski reflex **Answer: b) Rooting reflex**
44. Which of the following is a common childhood illness caused by a parasitic insect infestation of the scalp? a) Head lice b) Chickenpox c) Pink eye d) Tonsillitis **Answer: a) Head lice**
45. What is the term for the process of a baby's toes splaying out when the sole of the foot is stroked? a) Moro reflex b) Rooting reflex c) Grasping reflex d) Babinski reflex **Answer: d) Babinski reflex**
46. At what age do most children have their full set of 32 permanent teeth? a) 6-8 years b) 9-11 years c) 12-14 years d) 15-17 years **Answer: c) 12-14 years**
47. What is the term for the condition in which a baby's skin and eyes appear yellow due to elevated levels of bilirubin? a) Anemia b) Jaundice c) Cyanosis d) Eczema **Answer: b) Jaundice**
48. Which of the following is a common developmental milestone for a 3-year-old child? a) Riding a bicycle b) Counting to 100 c) Zipping a zipper d) Solving complex math problems **Answer: c) Zipping a zipper**
49. What is the term for the uncontrollable jerking movements that some infants exhibit during sleep? a) Startle reflex b) Night terrors c) Seizures d) Sleepwalking **Answer: c) Seizures**
50. At what age do most children have their adult height and stop growing? a) 12-14 years b) 16-18 years c) 20-22 years d) 25-27 years **Answer: b) 16-18 years**